

Monthly Entrée Rotation--The Learning Tree Preschool

- **weekly menus will be posted at school each week to specify the exact sides being served.
- **each day there is 1 fruit, 1 vegetable, or 2 fruits served with each entrée, emphasis on fresh fruits and veggies, we select organic when it is feasible. Added sugars, preservatives, and food dyes are avoided.
- **organic cow's milk is served with each lunch unless you specify otherwise and provide an alternate for your child.
- **abbreviations below: abf=antibiotic free, o=organic, w=wild caught, wg=whole grain

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| 2-Mar hot dog, all beef (abf) <i>chicken skewers</i> | 3-Mar ultimate fish stick (w) brown rice | 4-Mar chicken alfredo w/penne | 5-Mar elbow mac lima beans | 6-Mar cheese pizza (from Pizza Hut) |
| 9-Mar quinoa (o) & cheese quesadilla (wg) | 10-Mar chicken nuggets (o) vegetable soup | 11-Mar baked ziti | 12-Mar mac & cheese (o) | 13-Mar Closed |
| 23-Mar ultimate fish stick (w) mashed potatoes | 24-Mar soft tacos (o) ground turkey (abf) | 25-Mar elbow mac lima beans | 26-Mar grilled cheese (wg) | 27-Mar wontons (o) jasmine rice |
| 30-Mar chicken nuggets (o) rice/quinoa blend (o) | 31-Mar hot dog, all beef (abf) | 1-Apr chicken sausage (o) tater tots | 2-Apr cheese pizza (from Pizza Hut) | 3-Apr mac & cheese (o) |