

Monthly Entrée Rotation--The Learning Tree Preschool

**weekly menus will be posted at school each week to specify the exact sides being served.

**each day there is 1 fruit, 1 vegetable, or 2 fruits served with each entrée, emphasis on fresh fruits and veggies, we select organic when it is feasible. Added sugars, preservatives, and food dyes are avoided.

**organic cow's milk is served with each lunch unless you specify otherwise and provide an alternate for your child.

**abbreviations below: abf=antibiotic free, o=organic, w=wild caught, wg=whole grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
ultimate fish stick (w) mashed potatoes	soft tacos (o) ground turkey (abf)	elbow mac lima beans	grilled cheese (wg)	wontons (o) jasmine rice
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
chicken nuggets (o) rice/quinoa blend (o)	hot dog, all beef (abf) bun (wg)	chicken sausage (o) tater tots	cheese pizza (from Pizza Hut)	mac & cheese (o)
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
closed	scrambled eggs mini pancakes	chicken skewers (abf) brown rice (o)	baked ziti	pot roast mashed potatoes
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
hot dog, all beef (abf)	ultimate fish stick (w) brown rice (o)	chicken alfredo w/penne	elbow mac lima beans	cheese pizza (from Pizza Hut)