

Monthly Entrée Rotation--The Learning Tree Preschool

**weekly menus will be posted at school each week to specify the exact sides being served.

**each day there is 1 fruit, 1 vegetable, or 2 fruits served with each entrée, emphasis on fresh fruits and veggies, we select organic when it is feasible. Added sugars, preservatives, and food dyes are avoided.

**organic cow's milk is served with each lunch unless you specify otherwise and provide an alternate for your child.

**abbreviations below: abf=antibiotic free, o=organic, w=wild caught, wg=whole grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-Feb quinoa (o) & cheese quesadilla (wg)	4-Feb chicken nuggets (o) vegetable soup	5-Feb baked ziti	6-Feb mac & cheese (o)	7-Feb scrambled eggs mini pancakes
10-Feb Closed	11-Feb soft tacos (o) ground turkey (abf)	12-Feb elbow mac lima beans	13-Feb grilled cheese (wg)	14-Feb ultimate fish stick (w) mashed potatoes
17-Feb Closed	18-Feb hot dog, all beef (abf) bun (wg)	19-Feb chicken nuggets (o) rice/quinoa blend (o)	20-Feb cheese pizza (from Pizza Hut)	21-Feb mac & cheese (o)
24-Feb soft tacos (o) ground turkey (abf)	25-Feb scrambled eggs mini pancakes	26-Feb chicken skewers (abf) brown rice (o) <i>cheese pizza</i>	27-Feb baked ziti	28-Feb pot roast (abf) mashed potatoes